

Your Patients' Champion



The Arthritis Foundation is your partner in patient care. We meet patients where they are, at every stage of their arthritis journey, with digital and in-person resources, education and support.

EDUCATING AND EMPOWERING YOUR PATIENTS

We support your patient care by providing educational resources, self-management tools and peer support for patients at every stage of their arthritis journey. They include our

Helpline

Trained staff provide disease, medication and quality of life information, patient assistance, community programs and more in both English and Spanish.

Tollfree: **800-283-7800**.

E-mail: helpline@arthritis.org.

Online: arthritis.org/I-Need-Help.

Connect Groups

In-person and online peer support groups are moderated by trained patient leaders.

ConnectGroups.arthritis.org

Walk With Ease

Recommended by the Centers for Disease Control and Prevention, this safe and effective walking program is proven to reduce pain and increase fitness.

arthritis.org/www

SUPPORTING KIDS WITH ARTHRITIS

We help your juvenile arthritis patients and their families gain valuable information and programming for a more comprehensive understanding of their diagnosis and treatment. We also provide connections, peer-to-peer support and other resources to increase their independence and self-confidence.

Resources and programs include information about access to care, education rights, pain management, social and emotional support tools, self-advocacy and more. Examples include:

- JA Power Pack for newly diagnosed kids
- JA Camps
- JA Family Summit national gathering with programs for the entire family
- Parent Support Groups
- Educational Webinars
- Helpline

INFORMATIONAL RESOURCES

Educational and empowering articles, webinars, podcasts and more are available at arthritis.org.





FUNDING RESEARCH

For more than seven decades, the Arthritis Foundation has led the way in consensus-building and strategic research investments focused on conquering arthritis, improving the lives of people living with arthritis and increasing access to rheumatologists and other specialists.

We're dedicated to supporting and developing innovative programs to improve health outcomes among all people with arthritis.

Research

- We have invested more than \$500 million in research, including \$40 million since 2018 in osteoarthritis, rheumatoid arthritis and juvenile arthritis research initiatives
 - We developed our OA Clinical Trial Research Network, partnered with the American College of Rheumatology to develop OA Treatment Guidelines, and recently launched our first Foundation-directed OA clinical trial.
 - We are collaborating with government, industry and other non-profits in ongoing RA initiatives, such as the Accelerated Medicine Partnership.
 - We are focusing on treatment-resistant rheumatoid arthritis.
 - Since 2016, we have invested \$8.1 million in JA research through our partnership with CARRA. We also contribute \$850,000 per year toward maintaining its patient registry and biorepository.

HEALTH CARE WORKFORCE

We're working to close the gap in our nation's rheumatologist shortage, concentrating on communities with the greatest need. Our Healthcare Access & Outcomes investments are designed to attract medical students and residents to the field to improve outcomes for all arthritis patients. We have

- Awarded over \$5.25 million in 29 clinical rheumatology fellowships since 2018 in adult, pediatric and internal medicine-pediatric specialties.
- Invested nearly \$1.5 million since 2021 to propel curriculum development and research to improve health care access and outcomes where they are not up to the highest standards.

RESOURCES FOR YOU

We are committed to protecting medical decisions between health professionals and arthritis patients. We offer relevant and targeted information to facilitate dialogue and decision-making to improve patient outcomes.

JOINT Matters

A free, quarterly e-newsletter where health care professionals can catch up on Arthritis Foundation research initiatives, patient education programs, clinical trials and other hot topics in the medical field.

arthritis.org/health-care-provider

Partners for Patients

We equip providers and patients with resources and tools to help facilitate productive appointments and empower self-management of treatment plans.

arthritis.org/partnersforpatients

ADVOCATING FOR BETTER ACCESS TO CARE

We are committed to advocating for policies that ensure patients are able to access the care they need.

- Reforming burdensome protocols for medication access, including step therapy and prior authorization
- Advocating for stronger patient-centered care
- Lowering out-of-pocket costs for patients
- Removing barriers to high-quality, affordable, comprehensive access to care
- Addressing physician workforce shortages

