

Arthritis Answers (1-800-568-4045) “If you have questions, we have answers.”

This toll-free number is the way for the public to contact us to ask general questions about arthritis and treatment issues. The Foundation also offers Spanish-language information specialists.

www.arthritis.org - The Arthritis Foundation Web site is the first stop for people seeking information about arthritis on the Web

- #1 on Google and Yahoo!
- Arthritis.org’s Spanish language site is among the most comprehensive and most frequently updated

Arthritis Today Magazine - Published by the experts at The Arthritis Foundation, when it comes to providing valuable information to help you, or your loved ones, live a better life, *Arthritis Today* is the authority you can trust.

Mind, Body, Spirit – Bi-monthly E-newsletter providing lifestyle tips and the latest information on arthritis and related conditions.

Kids Get Arthritis, Too! Newsletter – This special newsletter, published bimonthly, is tailored to meet the needs of families of children with arthritis.

Brochures and publications – The Arthritis Foundation publishes more than 100 books, brochures and other publications for the general public and healthcare professionals.

- More than 25 million brochures have been distributed to the public since 1997.
- Over 455,000 books, videos and audio books have been provided to the public since 1997.
- One hundred brochures, including 9 Spanish brochures, 10 easy-to-read materials in English and 9 easy-to-read Spanish handouts