



Dear Arthritis Foundation Supporter,

It's time for the **Inaugural Bellevue Arthritis Walk!** The Walk will be on **Saturday, October 11th** at the **Bellevue City Hall Plaza**. In order to make this event a tremendous success, we are looking to you to be one of our 50 volunteers. Take a look at the short descriptions of our various volunteer positions and let us know how you would like to get involved. **Most of the positions will not allow you to participate in the event.**

- Early Set-Up:** 7:00-9:00 Help us look good. Set-up and hang banners. **Four needed.**
- Registration/T-Shirt:** 8:00-10:30 Record the names, addresses and information of the participants. You will collect their money, give them a shirt (if eligible). **Six needed.**
- Rest-Stops:** 8:00 – 12:00 Help us set up and staff our two rest-stops. You will be handing out water to all walkers. **Eight needed.**
- Course Support:** 8:00 – 12:00 Work along the course. We need volunteers on both the 5K and 1-mile routes. Be sure to cheer on all the participants! **Eight needed.**
- Arthritis Booth:** 8:00 – 12:00 Help us set up and promote the mission of the Arthritis Foundation **Four needed.**
- Kid's Corner:** 8:00-12:00 Assist with the children's activities. **Six needed.**
- Water/Food Finish Line** 8:00-12:00 As walkers finish, they pick up refreshments and snacks. **Four needed.**
- Tear Down/Clean-up** 10:00-12:00 Help us make sure by the time we leave, the park looks good as new!

If you are interested in volunteering, please fill out the following information:

***We will do our best to accommodate one of your job options, but we thank you in advance for your flexibility if we are unable to do so.*

Name: _____

Org/Team Name _____

Address: _____

City, State, Zip _____

Work Phone: _____

Home Phone: _____

E-mail: _____

T-Shirt size: ___S___ M ___ L ___ XL

Job Option 1: _____

Birth Date: ____/____/____

You must be 18 or older to volunteer without a group leader.

Job Option 2: _____

Job Option 3: _____

THANKS FOR HELPING US OUT!

Please return the form via fax or mail:

Arthritis Foundation
Attn: Kelsey Birnbaum
3876 Bridge Way North #300
Seattle, WA 98103
Fax: (206)547-2805