

Directions

PARKING AT
SPORTIME USA
IS ALWAYS FREE
WITH PLENTY OF SPACES FOR
YOU AND YOUR FRIENDS

FROM ROCKLAND COUNTY

Follow to Rt. 119
Tappan Zee Bridge to Exit 8A,
At exit ramp light turn left
Proceed to next light and turn left onto Route 9A

Interstate 95, Merritt Parkway or 684 to:
287 West (toward Tappan Zee) to:

Exit 2 Elmsford Route 9A

At bottom of ramp turn right onto Route 9A
Follow Route 9A less than 1 mile on right side

Diagonally across from Sam's Club

FROM CONNECTICUT

Interstate 95, Hutchinsonson Parkway, Sprain Brook Parkway or 684 to:
287 West (toward Tappan Zee) to:

Exit 2 Elmsford Route 9A

At bottom of ramp turn right onto Route 9A
Follow Route 9A less than 1 mile on right side

Diagonally across from Sam's Club

SAW MILL RIVER PARKWAY FROM THE SOUTH

To exit 21 E (Elmsford Exit)

At stop sign turn right (get in left lane) to first traffic light
Turn left on Route 9A (heading north)
Follow Route 9A less than 1 mile on right side

Diagonally across from Sam's Club

SAW MILL RIVER PARKWAY FROM THE NORTH

To exit 21 E (Elmsford Exit)

At stop sign turn right (get in left lane) to first traffic light
Turn left on Route 9A (heading north)
Follow Route 9A less than 1 mile on right side

Diagonally across from Sam's Club



The New York Chapter of the Arthritis Foundation cordially invites you to attend **Kids Get Arthritis Too Family Day at Sportstime USA**

SATURDAY, DECEMBER 5, 2009

1:30 - 2:00 p.m. - Registration and Pizza Party
2:00 - 4:00 p.m. - Activities for Kids
Parent Workshops

at

Sportstime USA

380 Saw Mill River Road, Elmsford, NY 10523

(614) 592-2111

Thanks to the generous support of Ann Juster and Abbott Laboratories,
this program is offered **free** to children and their parents.

Children with arthritis, ages 3 to 17, are invited to join the Arthritis Foundation, New York Chapter for an afternoon of fun at Sportstime USA, Westchester's #1 Family Entertainment Center. Children will be able to enjoy activities such as laser tag, arcade games, and themed games like air hockey, basketball, and skeeball. At the same time, parents will get an update from health specialist on the latest in research advances and treatment guidelines for their children with arthritis.



FEATURED FACULTY FOR PARENT WORKSHOPS:



ASK THE DOCTOR

Christine Hom, MD
Pediatric Rheumatologist

YOU WANT ME TO DO WHAT?: KIDS AND COMPLIANCE, FINDING THE BALANCE

Genevieve M. Lowry, M.Ed, CCLS
Certified Child Life Specialist/Reiki Master
Practical Parenting Solutions

NEW YORK CHAPTER

 **ARTHRITIS**
FOUNDATION®
Take Control. We Can Help.™

For more information, contact:
Ayana Woods, MPH, CHES, Program Manager
Arthritis Foundation, New York Chapter
122 East 42 Street - 18th Floor, New York, NY 10168-1898
(212) 984-8711, (212) 878-5960 (fax)
www.arthritis.org