

Types of Arthritis Walk Meetings

COMMITTEE MEETINGS – It is suggested to conduct monthly meetings with your committee starting in September and then bi-monthly six weeks prior to the Arthritis Walk.

KICKOFF – (CORPORATE AND/OR COMMUNITY BREAKFAST) – This is a type of meeting to get the community excited about the upcoming Arthritis Walk. Hold a community and/or corporate event to announce the Arthritis Walk and kick it off in the community.

INTERNAL KICKOFFS – For larger companies/organizations, it is suggested to have an internal presentation or kickoff so that all employees have an opportunity to get information about supporting Arthritis Walk.

TEAM CAPTAIN MEETINGS – These meetings will keep your teams excited and informed.

- Hold a minimum of three, one-hour informative meetings.
- Hold the first Team Captain meeting at least three months prior to your Arthritis Walk.
 - The first should be aimed at informing and recruiting
 - The second on recruiting and fundraising
 - The third on fundraising (Bank Day/Night) and logistical concerns

WRAP-UP CELEBRATION – This meeting takes place after the event and is for evaluating, celebrating and planning for next year. It is so important to thank all of the volunteers and participants for their time and contributions. Use this meeting to give awards, praise, and plan for next year.