

Did You Know?

- Arthritis is the most common cause of disability in the nation
- Arthritis affects more than 46 million people or one in five adults and nearly 300,000 children
- Arthritis costs the U.S. economy nearly \$128 billion annually
- Arthritis refers to more than 100 different diseases that affect areas in or around joints

Why Arthritis Walk®?

- Raises more money to support arthritis research, health education and government advocacy to efforts improve the lives of people with arthritis
- Offers opportunities for leadership within the organization
- Builds employer/employee relationship by promoting common goals and teamwork
- Allows for more creative opportunities in team building
- Increased awareness of health benefits to employees
- Walking can help prevent and control arthritis
- Encourages more workplace participation
- Offers more options for media and community recognition
- Employee satisfaction reaching team and company goals